



SELF-SERVICE PORTAL



The [My Military Health Self-Service Portal](https://support.mymilitary.health.mil) is your one-stop shop to learn about Scheduled Virtual Visits, find answers to common questions, and request technical assistance. You must be registered in the Defense Enrollment Eligibility Reporting System (DEERS) to access this portal: <https://support.mymilitary.health.mil>

FEATURES

Access articles and discover the latest news to support your knowledge and use of Scheduled Virtual Visits.



Explore FAQs for general information or get answers to common questions.



Create and track help desk support cases to ensure your technical issues are addressed.



Navigate to the MHS GENESIS Patient Portal to schedule a virtual appointment or find the nearest military hospital or clinic.



Questions? Contact the My Military Health Help Desk at:
844-DIAL-MMH (844-342-5664) or email: dhasupport.mymilitary@health.mil